

FEARLESS
by Kent R. Brand

The Nurtured Heart Approach is fearless in teaching parents to stay cool, calm and collected. It's a big leap for parents to begin to celebrate their child's success in a heart-centered way. I truly celebrate with the parents who have the courage to not give energy to negativity and to give a simple and very direct consequence when the child calls for one. My approach with difficult children is very spiritual. It powerfully assists children to discover "*who they really are.*" Discovering each child's greatness is truly a wondrous work of God!!!

After seeing forty-five children in the first seven months of the practice, I am more convinced than ever that "we" can dramatically affect difficult children by giving them a new "portfolio of who they have become and are becoming." The results are astounding and we give God the great glory for this success. Please celebrate with these fearless parents:

"Our child hated her life and cried uncontrollably. She was afraid to close the door and sleep at night. After using the Nurtured Heart Approach with Mr. Brand, she has remarkably changed for the better."

"Julia was so violent that she would punch holes in the wall, break down doors, and be totally defiant to us. She changed so dramatically that only two counseling appointments were necessary."

"Tina was experiencing anxiety attacks about school work. One appointment with Mr. Brand using the Nurtured Heart Approach was all that was necessary to turn the nervousness into peace."

"We were extremely concerned about our son. He was nervous and a perfectionist. Phillip often experienced panic attacks. In just two sessions our son was happy and relaxed with no panic attacks."

"The Nurtured Heart Approach turned our blended family from confrontation and rejection into peace and joy. Thank you."

"Six months ago a 16 year old boy was released to us in shackles and chains...straight F's....and issues! Today he is awesome. Pulling B's and C's. Great attitude and a pleasant, respectful young man. Thank you....."

"On the second day of Camp where I was using the Nurtured Heart Approach with the children, I witnessed an amazing sight. All six boys (aged 8-10 with ADHD) were sitting interacting with each other or quietly playing a game. They had not been instructed to sit together or be quiet. They were not medicated. They found themselves in an environment that celebrated their unique wiring, channeled their energy and affirmed their gifts and passions." (Teacher)

